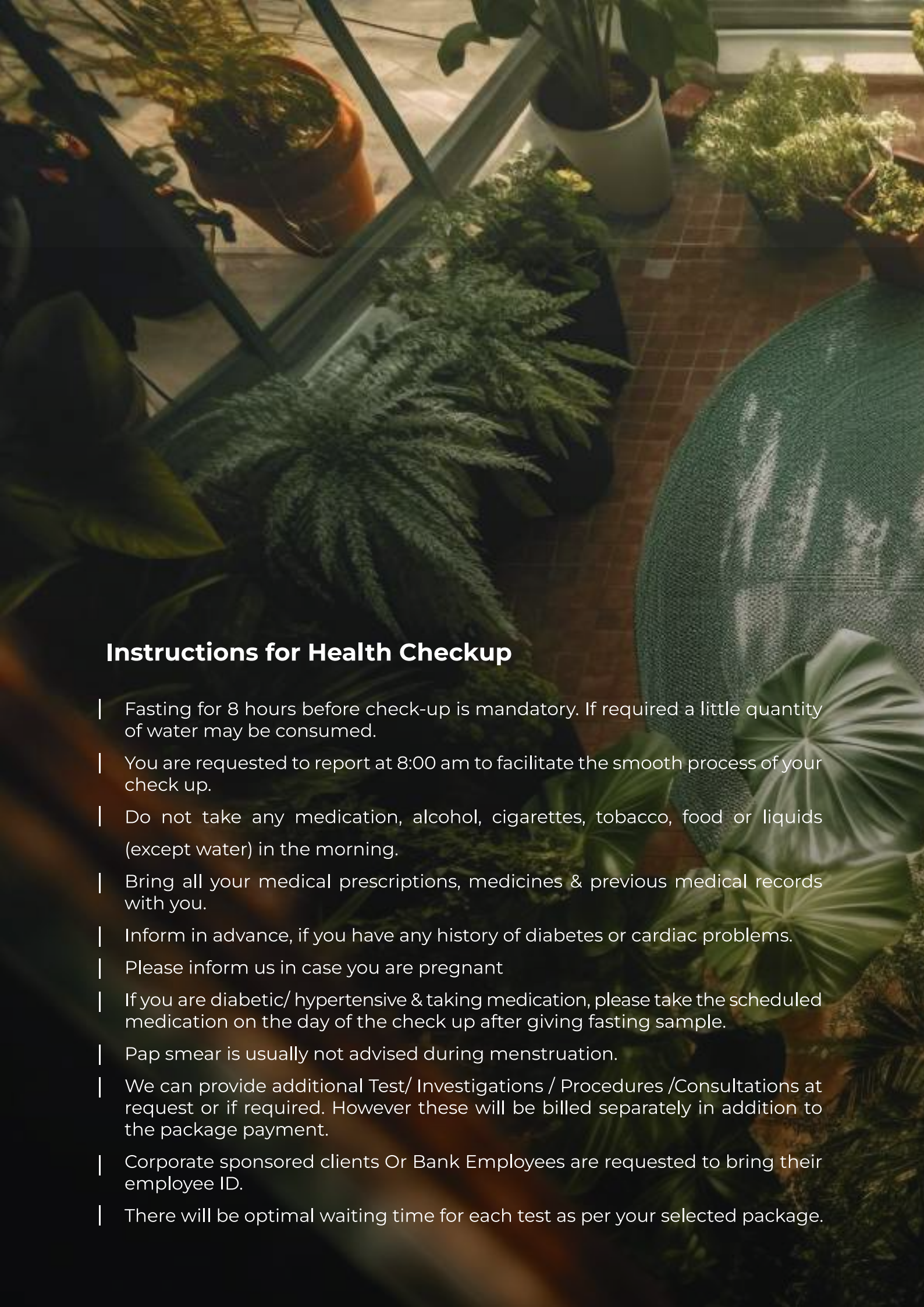




INTERNATIONAL  
wellness centre



*A better life starts here.*



## Instructions for Health Checkup

- | Fasting for 8 hours before check-up is mandatory. If required a little quantity of water may be consumed.
- | You are requested to report at 8:00 am to facilitate the smooth process of your check up.
- | Do not take any medication, alcohol, cigarettes, tobacco, food or liquids (except water) in the morning.
- | Bring all your medical prescriptions, medicines & previous medical records with you.
- | Inform in advance, if you have any history of diabetes or cardiac problems.
- | Please inform us in case you are pregnant
- | If you are diabetic/ hypertensive & taking medication, please take the scheduled medication on the day of the check up after giving fasting sample.
- | Pap smear is usually not advised during menstruation.
- | We can provide additional Test/ Investigations / Procedures /Consultations at request or if required. However these will be billed separately in addition to the package payment.
- | Corporate sponsored clients Or Bank Employees are requested to bring their employee ID.
- | There will be optimal waiting time for each test as per your selected package.



### **GOLD CHECKUP (Rs.2999/-)**

- ◆ Total Blood Count
- ◆ Lipid Profile
- ◆ Fasting Blood sugar
- ◆ PP sugar
- ◆ Urine routine
- ◆ Blood group
- ◆ ECG
- ◆ Chest X-ray
- ◆ USG of abdomen & pelvis

#### **CONSULTATIONS**

- ◆ Physician
- ◆ Surgeon (male)
- ◆ Gynecologist (Female)
- ◆ Dietician
- ◆ Dental
- ◆ Ophthal

### **CARDIAC CHECKUP (Rs. 4499/-)**

- ◆ Total Blood count
- ◆ Lipid Profile
- ◆ Fasting sugar
- ◆ PP sugar
- ◆ ECG
- ◆ Chest X-ray
- ◆ 2D Echocardiography
- ◆ TMT

#### **CONSULTATIONS**

- ◆ Cardiology
- ◆ Physician
- ◆ Dietician
- ◆ Dental
- ◆ Ophthal

### **DIABETIC CHECKUP (Rs. 5499/-)**

- ◆ Total Blood count
- ◆ Liver profile
- ◆ Lipid profile
- ◆ Renal profile
- ◆ Fasting Blood sugar
- ◆ PP sugar

- ◆ Urine routine
- ◆ Blood Group
- ◆ TSH
- ◆ HBA1C
- ◆ Micro albumin urea
- ◆ ECG
- ◆ Chest X-ray
- ◆ USG – Abdomen

#### **CONSULTATIONS**

- ◆ Physician
- ◆ Nephro
- ◆ Dietician
- ◆ Ophthal
- ◆ Dental

### **STAR CHECKUP (Rs. 6999/-)**

- ◆ Total Blood count
- ◆ Liver Profile
- ◆ Lipid Profile
- ◆ Renal Profile
- ◆ Uric acid
- ◆ Fasting Blood sugar
- ◆ HBA1C
- ◆ PP sugar
- ◆ Urine routine
- ◆ Blood group
- ◆ TSH
- ◆ ECG
- ◆ ECHO
- ◆ PFT
- ◆ X-ray (chest)
- ◆ Ultrasonography

#### **CONSULTATIONS**

- ◆ Pulmonologist
- ◆ Physician
- ◆ Surgeon (male)
- ◆ Gynecologist (female)
- ◆ Dietician
- ◆ Dental
- ◆ Ophthal



**WELL WOMAN PACKAGE PLUS  
(Rs. 6499/-)**

Behind every happy family is a healthy woman. A healthy woman natures a healthy family, which is why even the smallest ailment affecting her affects the whole family. The medicity Well Woman check ensures that all is well with her.

Investigation included in Well Woman package are:

- ◆ Blood sugar (Fasting & PP)
- ◆ Blood grouping & Rh – typing
- ◆ Complete Haemogram
- ◆ Urine routine Examination
- ◆ Pap smear
- ◆ Lipid Profile
- ◆ LFT
- ◆ RFT
- ◆ TSH
- ◆ X-ray Chest
- ◆ ECG
- ◆ Ultra sound of the abdomen and pelvis
- ◆ Ultrasound Breast & Mammography

**CONSULTATIONS**

- ◆ Physician
- ◆ Dietician
- ◆ Gynecologist
- ◆ Dental
- ◆ Ophthal

**MINI HEALTH CHECK UP  
(Rs. 999/-)**

- ◆ RBS
- ◆ CBC
- ◆ Total Cholestrol
- ◆ Creatinine
- ◆ Urine Routine

- ◆ SGPT
- ◆ ECG

**CONSULTATIONS**

- ◆ Physician
- ◆ Ophthal

**BASIC HEALTH CHECK UP  
(Rs. 1499/-)**

- ◆ RBS
- ◆ CBC
- ◆ Total Cholestrol
- ◆ Creatinine
- ◆ SGPT
- ◆ Uric Acid
- ◆ TSH
- ◆ ECG
- ◆ Chest X-Ray

**CONSULTATIONS**

- ◆ Physician
- ◆ Ophthal

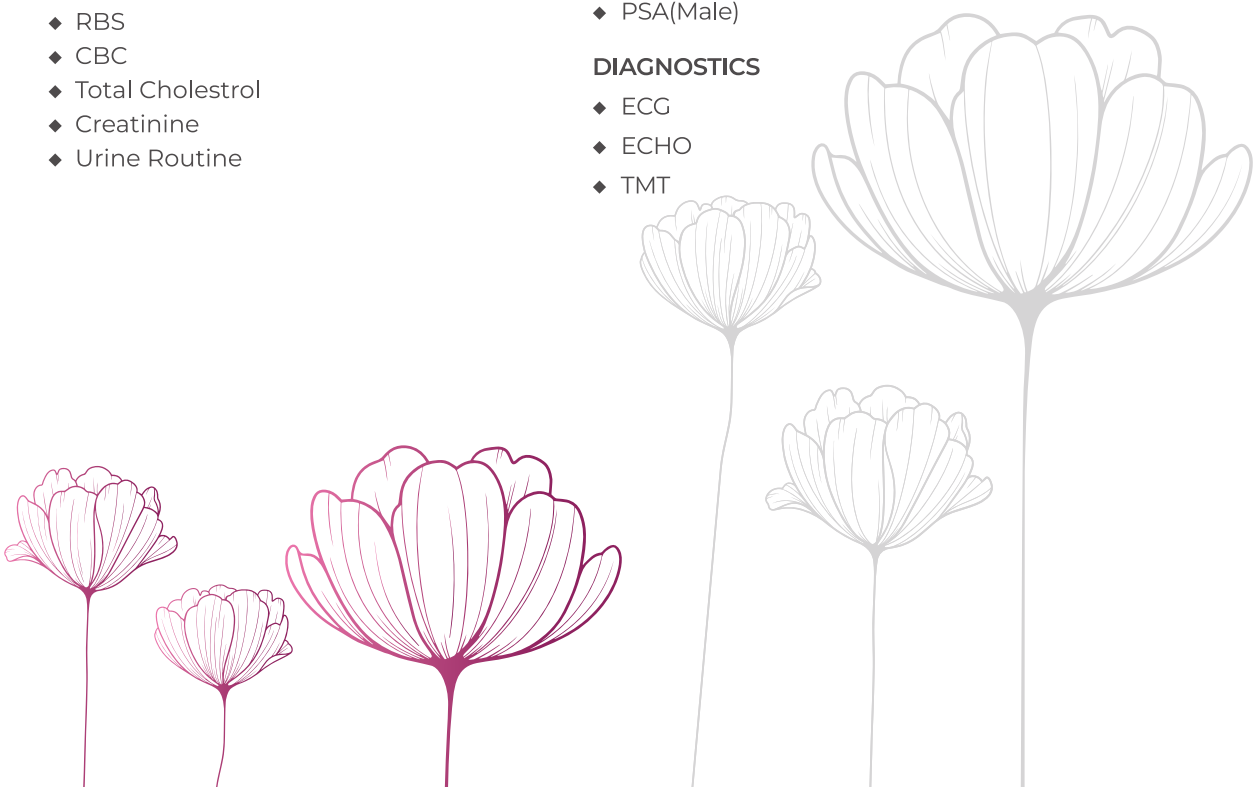
**WHOLE BODY CHECK UP  
(Rs. 9999/-)**

**LAB INVESTIGATIONS**

- ◆ Fasting Blood sugar
- ◆ HBA1C
- ◆ PP sugar
- ◆ Total Blood count
- ◆ Liver Profile
- ◆ Lipid Profile
- ◆ Renal Profile
- ◆ Uric acid
- ◆ UrineAnalysis
- ◆ Calcium Serum
- ◆ TFT
- ◆ Papsmear(Female)
- ◆ PSA(Male)

**DIAGNOSTICS**

- ◆ ECG
- ◆ ECHO
- ◆ TMT



- ◆ PFT
- ◆ PFT(Pharmacy)
- ◆ X-ray (chest)
- ◆ USG Abdomen And Pelvis

#### **CONSULTATIONS**

- ◆ Cardiology
- ◆ Pulmonologist
- ◆ Physician
- ◆ Ortho (If needed)
- ◆ Gynecologist (female)
- ◆ Dietician
- ◆ Ophthal
- ◆ ENT
- ◆ Gastro (If needed)

### **MASTER HEALTH CHECK UP(MALE- Rs.14,999/-)**

#### **LAB INVESTIGATIONS**

Blood Group  
 FBS  
 PPBS  
 HBAIC  
 CBC  
 Lipid Profile  
 RFT  
 LFT  
 TFT  
 Ferritin  
 Calcium  
 Uric Acid  
 Urine Routine  
 Vitamin D3  
 Vitamin B12  
 Microalbuminaria  
 HBSAG ELFA  
 HCV ELFA

PSA

#### **DIAGNOSTICS**

Chest X Ray  
 Usg Abdomen  
 ECG  
 ECHO  
 TMT  
 Audiometry  
 PFT  
 PFT (Pharmacy)

#### **CONSULTATIONS**

Physician  
 Cardiology  
 Dietician  
 Ophthal  
 ENT  
 Orthopaedics (If needed)  
 Dentistry  
 Pulmonology

### **MASTER HEALTH CHECK UP (FEMALE- Rs.14,999/-)**

#### **LAB INVESTIGATIONS**

Blood Group  
 FBS  
 PPBS  
 HBAIC  
 CBC  
 Fasting Lipid Profile  
 RFT  
 LFT  
 TFT  
 Ferritin  
 Calcium  
 Uric Acid  
 Urine Analysis



Vitamin D3 25OH  
Vitamin B12  
Microalbuminuria  
HBSAG ELFA  
HCV ELFA  
Papsmear

#### **DIAGNOSTICS**

Chest X Ray  
Usg Abdomen And Pelvis  
ECG  
ECHO  
TMT  
Audiometry  
PFT  
PFT (Pharmacy)  
USG Breast

#### **CONSULTATIONS**

Physician  
Cardiology  
Dietician  
Ophthal  
ENT  
OBG  
Orthopaedics (If needed)  
Dentistry  
Pulmonology

#### **MEDICITY EXECUTIVE PACKAGE (MALE- Rs. 18999/-)**

##### **LAB INVESTIGATIONS**

Blood Group  
FBS  
PPBS  
HBAIC  
CBC  
Fasting Lipid Profile  
RFT  
LFT  
TFT  
Ferritin  
Calcium  
Uric Acid  
Urine Analysis  
Vitamin D3 25OH  
Vitamin B12  
Microalbuminuria  
HBSAG ELFA  
Peripheral Smear  
D DIMER

PSA

#### **DIAGNOSTICS**

Chest X Ray  
USG Abdomen  
ECG  
ECHO  
TMT  
Audiometry  
PFT  
PFT (Pharmacy)  
NCS

#### **CONSULTATIONS**

Physician  
Cardiology  
Dietician  
Ophthal  
ENT  
Orthopaedics (If needed)  
Dentistry  
Pulmonology  
Neurology  
Urology

#### **MEDICITY EXECUTIVE PACKAGE (FEMALE- Rs.19,999/-)**

##### **LAB INVESTIGATIONS**

Blood Group  
FBS  
PPBS  
HBAIC  
CBC  
Fasting Lipid Profile  
RFT  
LFT  
TFT  
Ferritin  
Calcium  
Uric Acid  
Urine Analysis  
Vitamin D3 25OH  
Vitamin B12  
Microalbuminuria  
HBSAG ELFA  
Peripheral Smear  
D DIMER  
Papsmear

#### **DIAGNOSTICS**

Chest X Ray  
Usg Abdomen And Pelvis  
ECG  
ECHO  
TMT  
Audiometry  
PFT  
PFT (Pharmacy)  
Mammogram  
NCS

#### **CONSULTATIONS**

Physician  
Cardiology  
Dietician  
Ophthalmology  
ENT  
OBG  
Orthopaedics (If needed)  
Dentistry  
Pulmonology  
Neurology









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